

As a leader or team member you are creative and whole. As a leader or team member you are the core. Each leader and team member makes the gears in this process turn.

In the I Phase the team will

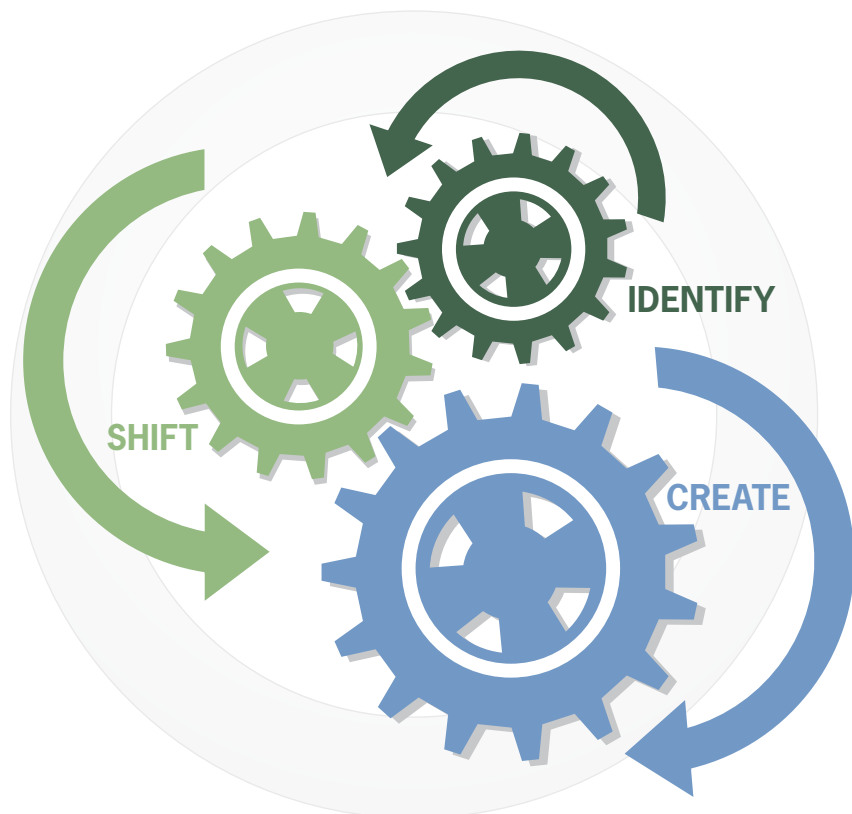
partner with your coach to identify challenges, opportunities and discuss what you want to accomplish. Together we gain understanding by using tools such as: Strength Finder, DISC Personality Profile, 360° Feedback, and Emotional Intelligence.

The S Phase allows you to

mentally and emotionally be prepared to accomplish what the team has identified in the I Phase. This phase is not about finding “THE” answer, but rather opening your mind to explore all the possibilities to the answer.

In this phase we will:

1. Shift mindsets where there are mental barriers
2. Discuss probing questions regarding:
 - a. Barriers in reaching goals
 - b. Energy
 - c. Work-life balance



In the C Phase we will

discover ways to create breakthroughs for the team’s future. We will combine the information from the I and S Phases to create and environment for not only for personal success but as a team as well.

This is the ACTION PHASE where we:

1. Set goals and timeframes
2. Create a plan of action
3. Execute your plan of action
4. Discover energy
5. Accountability to execution is provided